

DIGITAL FOOTPRINT CHECKLIST

DISGUISE

- Create a Fake Identity for Online Forms
- Lie More to Poison Your Data and Throw Off Hackers
- Define Personal Values You Want to Embody
- Flood the Internet with Desired Content

MANAGE

- Audit Your Following List to Align With Goals
- Enable Privacy Settings on Social Media
- Be Wary of Quiz Apps and Fun Tests on Social Media
- Avoid Oversharing on Social Media

PROTECT

- Blur Your House on Google Maps
- Use Different Emails for Sensitive Accounts
- Clear Out Old Accounts That Don't Align
- Utilize DeleteMe Service for Data Broker Removal

MONITOR

- Set Up Google Alerts for Your Name
- Review and Understand App Privacy Policies
- Conduct Regular Privacy Audits
- Check for Image Use via Reverse Image Search

